



NH Healthy Lives

PREVENT • PROMOTE • PROTECT

Evidence-Based Cavities Prevention Programs in New Hampshire



A dentist or dental hygienist



providing treatment proven to prevent cavities to children



In a school setting

School-based dental programs are not a replacement for regular dental visits.



Why Preventing Tooth Decay Matters

Tooth decay is the most common chronic childhood disease



Children need their teeth to eat, talk, and smile

Tooth decay is painful and can keep children from sleeping and concentrating at school

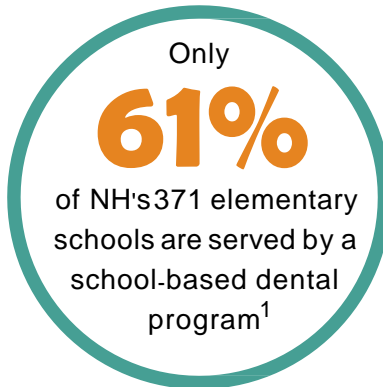


More than 51 million school hours are lost annually due to dental problems²

How will these programs work for next school year?

Please help us by taking this short survey to share your thoughts about how best to offer these services.

<https://bit.ly/3cuKc1p>



Find out if your child's school has a program at:

<https://bit.ly/2KJVLpB>



To learn about Community Water Fluoridation visit:

<https://bit.ly/2fxJjsh>

What Services Are Provided in Schools?

Evidence-based cavities prevention programs primarily offer treatments shown to prevent tooth decay



Silver Diamine Fluoride

A liquid antibiotic used on cavities to help soothe tooth decay and sensitivity



Sealant

A thin, plastic coating painted on the back teeth to prevent tooth decay



Fluoride Varnish

A gel applied to teeth twice a year that protects teeth from decay



Interim Therapeutic Restorations

A painless filling placed on teeth to restore and prevent the progression of cavities